



November 2015

International Organization of Physical Therapists in Mental Health (IOPTMH)

Year 4, Issue 7

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Introduction

Dear Colleagues,

The executive committee of the IOPTMH is proud to send you a third newsletter in one year. This means that within the field of physiotherapy in mental health a lot of activities are going on. It proves that our field is growing. We can utter without pretensions say that after 12 years two of our objectives "to bring physiotherapy in mental health worldwide in the picture" and to foster the co-operation between physical therapists practicing in mental health throughout the world are in a permanent progress. In this newsletter, the reader will find more information about our conference in Madrid organized by Dr. Daniel Catalan Matamaros and his

team, news from the executive committee, new IOPTMH members, PhD dissertations, forthcoming conferences and physiotherapy in mental health worldwide. At this moment the IOPTMH welcomes Latvia. At the 5th General meeting of the IOPTMH in Madrid a new executive committee will be elected. In 2016, 4 out of the 5 elected members (Michel Probst, Liv Helvik Skjaerven, Anne Parker, and Amanda Lundvik Gyllensten) have completed one term of office in the EC. All may be re-elected for one further term. For more information concerning the election, please consult the section election executive committee of this newsletter. We are all aware of the challenging times we are living in,

but we are nevertheless looking forward to the future with hope and confidence. The EC wish you and your family and your colleagues a fruitful 2016. The executive committee looks forward meeting you via mail, social media or in person at the Madrid conference in March 2016! Kindest regards, In behalf of the executive meeting

*Prof.dr.Michel Probst
President of the IOPTMH*

*Prof. Liv Skjaerven
Vic-president of the IOPTMH*



6th ICPPMH | MADRID
9 - 11 March 2016
Communication in a Connected World

Addressing today's complex challenges in mental health, chronic pain, long-lasting musculoskeletal disorders and psychosomatics through Physiotherapy



ICPPMH 2016 abstract submission extended

Madrid—The upcoming 6th International Conference on Physiotherapy in Psychiatry and Mental Health that will take place in Madrid, 9-11 March 2016, has extended the abstracts submission until 20th December 2015. The Conference will be organized in one of the best locations in the heart of Madrid, the capital of Spain. Researchers and clinicians from all over the

world will meet during three intensive days full of scientific meetings, networking and social activities in one of the best European capitals. Participants from all continents in the World have already registered. Do not miss your opportunity to meet the international network of Physical Therapy in Psychiatry and Mental Health! The Organizing committee has

already received applications from many countries such as: Australia, Singapore, Denmark, Sweden, Norway, USA, Chile, Mexico, Estonia, Palestine, Turkey, Austria, Kenya, Jordan, Egypt, Spain, Netherlands, Belgium, UK, Portugal, Czech Republic, Finland, Iceland, Brazil, Saudi Arabia, Japan, Switzerland, Faroe Islands, and others.

6th ICPPMH: The abstract submission is extended until 20 December 2015!

International Organization of Physical Therapists in Mental Health (IOPTMH)

The Executive committee of the IOPTMH 2014-2015

President: Prof. dr. Michel Probst, KU Leuven, Belgium

Vice President: Prof. Liv Helvik Skjaerven, Bergen University College, Norway

Secretary: Rutger IJntema MBA PT, University of Applied Sciences Utrecht, The Netherlands

Treasurer: Anne Parker, Superintendent physiotherapist UK

Member: Ass. Prof. dr. Amanda Lundvik Gyllensten, Lund University, Sweden

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The IOPTMH network includes practitioners, educators and researchers in the field, our objectives are to:

- foster co-operation between physical therapists practicing in mental health throughout the world
- encourage improved standards and consistency of practice in mental health care by physical therapists
- advance practice by communication and exchange of information
- encourage scientific research and promote opportunities for the spread of knowledge of new developments in the field of mental health
- assist WCPT member organisations in the development of recognised sub-sections in mental health
- IOPTMH believe that physical therapy will have an effect on world-wide health problems, including views, strategies for actions and research where body, mind and existence is treated as a unity and the physical therapist is working at the highest professional standards with human movement as its core.

Visit our media!
www.wcpt.org/ioptmh
www.icppmh.org
Free membership on [LinkedIn](#)
[Youtube](#)



Executive committee left to right: Michel Probst, Liv Skjaerven, Amanda Lundvik Gyllensten, Rutger IJntema, Anne Parker.



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Election of a new Executive Committee

The EC organizes an election of a new EC at the general meeting of the IOPTMH, in Madrid. The election procedure is based on our constitution (see constitution on the website www.icppmh.org).

The fifth General meeting 2016 has to vote for 4 persons in EC. The four elected and the fifth EC-members, divided the different position amongst themselves.

Some important informati-

on:

The candidate for membership of the EC must be endorsed by the respective National Mental Health subsections of their National Member Organization (art. 7.2 of the constitution).

The member country can propose more than one candidate. EC members may be from the same country, but there shall not be more than two Executive Committee members from any one Member country. To maintain diversity it is desirable with members from five different countries, and if possible from

two WCPT regions.

Before 31st of December member countries can nominate an EC member candidate by sending a letter of support signed by the national organization or subsection. This letter can be sent to the President of the IOPTMH. All candidates send their short CV. This CV will be sent to the members.

In January 2016, all members will be informed about the names of the candidates together with the agenda for the fifth general meeting.

The chairman of the Madrid electi-

on committee is Rutger Ijntema, secretary of the IOPTMH as chairman and two other persons who attend the Madrid conference (for the neutrality, coming from not member's countries). They are responsible for the whole election procedure during the Madrid conference. All election levels will be made by secret voting,

At the general meeting, all candidates will have five minutes and one ppt-slide to present him/her self

New Membership of the IOPTMH

Latvia applied the 20th of September 2015 for IOPTMH membership. The letter was signed by Liva Tiesnese, Ilze Rudzite.

The 30th of October the Swiss Subgroup for physiotherapy in mental health signed all required forms for registration to IOPTMH. The applications are now send to the Swiss PT Association and afterwards Liv H.

Skjaerven, vice-president of the IOPTMH and responsible for the new members.

In Australia 60 physiotherapists are interested in joining a mental health network. They hope to complete the paperwork to become a member in Madrid.

Also Greece, Mexico and other countries are preparing their application letter.

Anne Parker represented the IOPTMH WCPT Subgroups at the teleconference the 19th October 2015.

Tracy Bury from the WCPT chaired the meeting. All subgroups were present. The agenda consisted of (1) the work program of the WCPT Executive Board, (2) Subgroup activities and issues, (3) Planning for the WCPT Congress 2017 in South Africa, (4) Ongoing communications.

Emma Stokes and Brenda Meyers provided an update on WCPT current priorities, plans and key outcomes of recent WCPT Board meetings focusing on subgroup implications, relevance and role.

Social media

Our open LinkedIn group is still growing fast. Right now we have over 2050 members. Interesting discussions take place and information is shared between physiotherapist in mental health all over the world.

On the internet you can type: *Physiotherapy in Psychiatry and Mental Health LinkedIn group* and we will welcome you to our group.

The ICPPMH promotion film is online on You-tube!. Go to YouTube and type *ICPPMH Conference Spain*. Make sure you press the "like" button!

On www.icppmh.org you find the LinkedIn button and the Youtube button. In this way you can visit our social media directly!



New PhD's in the field of physiotherapy in mental health Congratulations !



Sweden - Louise Danielsson, PT, defended her PhD the 10th of June 2015: "Moved by Movement. A person-centered approach to physical therapy in the treatment of major depression"; Institute of Neuroscience and Physiology at Sahlgrenska Academy, Univer-

sity of Gothenburg, Sweden. Louise Danielsson has earlier completed the education in Basic Body Awareness Methodology at Bergen University College.



United Kingdom - Brendon Stubbs, PT, defended his PhD the 25th of September 2015 at the University of Greenwich, Health and Social Care. The title of his dissertation is 'Association between musculoskeletal pain and physical activity, falls and psychological concerns related to falls in community dwelling older adults'

Australia - Jo Connaughton presented her thesis "The prevalence, characteristics, impact and management of headache in people with schizophrenia and schizoaffective disorder: a cross sectional cohort study" at the The University of Notre Dame, Fremantle, Western Australia. She received the 9th of November a positive decision of the jury



Denmark - Lena Nyboe, presents her PhD dissertation "Metabolic syndrome and physical activity in patients with first-episode schizophrenia" at the Aarhus University, Århus, Denmark, on the 17th of December. The IOPTMH wishes her good luck!

All information for the next newsletter is welcome and can be send to Michel.probst@faber.kuleuven.be

The 7th ICPPMH- conference 2018 ?!

Candidates for hosting the 2018 ICPPMH-conference are welcome to send their proposal to the president of the IOPTMH, Michel Probst, before December 2015

News

Iceland - Davy Vancampfort (Belgium) was on June 8, 2015 keynote speaker on a seminar on exercise and mental illness organized by Rafn Haraldur Rafnsson of the National University Hospital of Reykjavik, Iceland. Davy spoke about the importance of considering exercise and body awareness within the multidisciplinary treatment of people with severe mental illness.

France - J. André-Vert published an extensive article in French concerning the WCPT-conference of Singapore. In that article attention was given to the IOPTMH.

Joëlle André-Vert, Daniel Pa-guessorhayé, Anthony Demont, Matthieu Guemann, Aurore Mambriani, Michel Probst, Pascale Matthieu (2015). La WCPT, son assemblée générale, ses sous-groupes, ses réseaux [The WCPT, the general meeting, the subgroups, the network]. Kinesithérapie Revue (in press) Doi : 10.1016/j.kine.2015.07.013

Norway - From Monday the 19th till Friday the 23rd of October 2015, 16 students, BBAM 2013-2015, graduated from Bergen University College. At the same time 31 students started at BBAM 2015-2017. The new students participated in movement groups as well as in theory and project presentation, networking situation. The students represent 15 countries and three continents: Australia, Japan, Singapore, Hong Kong, Turkey, Brazil, Canada, Mexico, Spain, Estonia, Finland, Faro Island, Sweden, Denmark and Norway .

Associate Prof. Amanda Lundvik Gyllensten and Prof. Michel Probst were invited at the BBAM course in Bergen the 9th and the 12th October to



present a workshop.

Sweden - Louise Danielsson, Gothenburg and Lena Hedlund, Malmö, two Physiotherapists are involved in updating the new National Guidelines for treatment of Depression and Anxiety. The Swedish PT association is happy to have two mental Health PTs involved in this important work.

Belgium - The Belgian association of physiotherapy [Axxon, beroepsvereniging voor kinesitherapeuten (=professional association of physiotherapy) published in their journal "Axxon exclusief", Page 11-14 September 2015 an article about the IOPTMH and their presentations at the WCPT conference in Singapore 2015.

Ursula Danner (Austria) visited from 20/10/2015 till 19/11/2015 the KU Leuven - University of Leuven, Department of Rehabilitation Sciences and the University Psychiatry Hospitals Leuven, Department of Rehabilitation Sciences, Leuven. She gave the 10/11/2015 an appreciated presentation about body awareness therapy in bipolar disorders.

Kirsten Ekerholt (Norway) was invited the 23-24th of November to give an introduction of Norwegian psychomotor physiotherapy at the KU Leuven- University of Leuven, Department of Rehabilitation Sciences

Australia - "Matters of the mind: physiotherapy's role in mental health" by Joanne Connaughton was published in physiotherapy.asn.au (page 28 -31; see also http://www.beleura.com.au/wp-content/uploads/2015/02/Mental_health.pdf).

In their consensus statement on the role of accredited exercise physiologists within the treatment of mental disorders, the Australian exercise physiologists mentioned the IOPMTMH as partner for collaboration (www.essa.org.au) to promote healthy and active lifestyles.

Spain - Prof. dr. M. Probst (Belgium), was invited as keynote speaker at the UCLM conference Fisioterapia en salud mental, un nuevo desafío para la Fisioterapia Congreso de Fisioterapia UCLM, 25 años formando profesionales, Toledo 23 -24 Octubre 2015. The link for the newspaper article: <http://www.latribunadetalavera.es/noticia/Z12867CD0-C09A-23D9-973FC156C30562B/20151025/fisioterapia/puede/ayudar/desordenes/psiquiatricos/depresivos>

The 2nd Spanish Conference of Physiotherapy in Mental Health, Barcelona 20/11/2015. The Conference-

will take place in Hospital del Mar, Barcelona the 20th November 2015, under the theme "Moving forward in chronic pain". The Conference is organized by the Spanish Association of Physiotherapists in Mental Health with the collaboration of the Catalanian Professional Union for Physiotherapists. Liv Helvik Skjaerven (Norway) was invited as guest speaker and she gave a workshop concerning Movement Quality and Movement Awareness in Physiotherapy: Basic Body Awareness Therapy. The Conference web can be visited at: <http://www.fisioterapiasm.es/jornadas2015.htm>

Scotland - Professor Michel Probst, PhD PT, KU Leuven, Department of Rehabilitation Sciences, Belgium presented on the conference "New Treatments for Eating Disorders", by The Aberdeen NHS Eating Disorders Conference, 12 & 13 November 2015. The title of his presentation was "Body image therapy for patients with Eating Disorders: scientific and clinical perspectives" .

The Netherlands - Last October 17 students graduated at Utrecht University of Applied Sciences as Physical Therapists specialized in mental health physical therapy. This academic year 34 new students started this 3 year program.

Simone Gouw started her PhD in Etiology, diagnostics and management of bruxism at the Dutch Ratboud University Nijmegen. Simone is Alumnus at the University of Applied Sciences Utrecht, specialized in mental health physical therapy.

The Dutch Association for Physical Therapy in Mental Health organized a specific program on physical therapy in mental health in relation to cranio-mandibular complaints during the Dutch National Physical Therapy Conference 2015

News Continued

United Kingdom - Physiotherapy in Mental Health conference, St Andrew's **Northampton** 22 October 2015

This conference provided a view of the present and future of physiotherapy in mental health. The conference highlighted movement, posture and motivation of the patients. 65 colleagues participated at the conference.

Workshops were done on:

- 1) Falls and posture management for function and safety by Rosemary Newbery, Lead Physiotherapist, Neuro Psychiatry, St Andrews
- 2) The 'So what?' factor. Workshop on outcome measures,

Samantha Rigg Head of Physiotherapy Services, St Andrew's Healthcare and Lucy Cocker, Chair of CSP East Midlands Regional Network
 Catherine Pope, Chartered Society of Physiotherapy Vice Chair of Council. Associate Director Allied Health professionals, Nottinghamshire Healthcare NHS Foundation Trust. CPMH President.
 Pete McAllister, Health Care Director, St Andrew's Healthcare
 Prof Andy Soundy, Lecturer in Physiotherapy, University of Birmingham
 Anne Parker, Superintendent Physiotherapist, Royal Edinburgh Hospital

Introduction
 Future of mental health services
 Medication and movement disorders
 Social support and the psychosocial benefits of participation and its relevance to Physiotherapy practice in mental health
 Basic body awareness and posture

- discussion, application and translation for non physio managers and commissioners by Paula Manning, Highly Specialist Physiotherapist', St Andrews
- 3) Basic body awareness in practice - sitting, standing, walking by Anne Parker, Superintendent Physiotherapist, Royal Edinburgh Hospital

- 4) Pain assessment methods for people with dementia and poor mental health. Is it well assessed? Test out you clinical practice by Lauren Fordham MCSP, Senior Physiotherapist, Derbyshire Healthcare NHS Foundation Trust and CPMH Midlands Chair
- 5) Neurological soft signs,

- what do they mean? By Hilary Haynes, Physiotherapist, St Andrews
- 6) 'Ouch that hurt' – identifying distress in non-verbal communicators by SLT team member, St Andrews

Forthcoming conferences

Spain - Madrid ICPPMH conference, 9-11 March 2015: see elsewhere in the newsletter

See www.icppmh.org

United Kingdom - Liverpool: 4th ER-WCPT Congress with the title Advancing physiotherapy: demonstrating value and impact: 11-12 November 2016

- Congress themes:
- A. Policy, strategy and influencing
 - B. Research, education and practice
 - C. Practice in a digital age
 - D. Responding to changing population needs
 - E. Public health, prevention and social care

Call for abstracts closes 29 February 2016
 The IOPTMH got the opportunity to reserve 2 periods for presentations concerning physiotherapy in mental health (each period with four speakers). One period is provisional filled by Brandon Stubbs (UK), Davy Vancampfort (B), Emanuel Brunner (CH), Alice Waugh (Irl). The IOPTMH has a second period (4 contributors) to fill in. Interested colleagues who

interested could send a mail to Michel Probst. See also: <http://www.liverpool2016.com/>

The Netherlands - December 12th 2015 The Institute for Movement Studies (IMS), Master Physical Therapy, University of applied Sciences Utrecht, The Netherlands, organizes *The IMS congress: Future!*. This congress will focus on E-health, Future strategies for health care toward 2040. This congress includes two workshops about therapeutic relationship quality in relation to E-health patient contact or personal patient contact. The workshop is guided by Ariane Hagen and Mieke van Wijk- Engbers, both teachers at the Utrecht physical therapy mental health program. Website: www.ibscongres.hu.nl

South Africa: WCPT-conference **Cape town** 2-4 July 2017
 Deadlines: June 2016 call for abstracts opens, September 2016 registration goes live, October 2016 deadline for abstract submission. See <http://www.wcpt.org/congress>.
 The IOPTMH plans different activities at the South Africa conference. Colleagues who are interested to present a paper at the Conference send a mail to Michel Probst

Austria: Alpbach Eating disorder Conference
 24th International Conference, October 20-22, 2016
 Anorexia & Bulimia nervosa, Binge Eating Disorder, Adipo-

sitas/Obesity
 13th Pre-Congress Clinical Workshop – Teaching Day: "Body image and excessive physical activity. How to cope in clinical practice" by Prof. dr. M Probst (KU Leuven- University Leuven, Belgium).
 For Physiotherapists, and related and interested professions (occupational therapists, body oriented therapists, psychologists, psychiatrists,). Language: English
 To receive further information about the "clinical day Body image and excessive physical activity for physiotherapists and Eating Disorders", please send us a mail (info@icppmh.org).
 See: <http://www.netzwerk-essstoerungen.at/englisch/termine.html>



Forthcoming conferences *Continued*

Spain: Madrid - Directly after the ICPPMH conference another interesting conference

will take place. An unique opportunity to present the work of physiotherapy in mental

health and psychiatry. <http://www.epa-congress.org/>

M. Probst and D. Vancampfort (Belgium) will present "Adopting and Maintaining Physical Activity Behaviour in People with Severe Mental Illness: The Importance of Autonomous Motivation" in a symposium "Physical Activity for People with Psychotic Disorders: Realities and Prospects". Other speakers: Jose L Ayuso-Mateos (Spain), Peter Falkai (Germany), Giovanni De Girolamo (Italy) and Keller-Varady Katriona (Germany).



News from the executive committee

Copenhagen—The Executive committee had a meeting in Copenhagen the 7-8 September 2015. The IOPTMH thanks The Danish Physiotherapy Association (Danske Fysioterapeuter) for the support and their hospitality. The IOPTMH executive committee wants to make the work of the IOPTMH as transparent as possible. Therefore we show the agenda of this meeting in this newsletter.



Agenda EC IOPTMH Copenhagen 7-8 September 2015

1. Approval of the minutes of the EC Bergen January 2015 and Singapore 2015
2. Reflections in regard of minutes of the fourth general meeting Singapore 2015
3. Evaluation of the IOPTMH contribution at the WCPT congress in Singapore 2015
4. Organization of the IOPTMH: evaluation
5. Amendment of the constitution of the IOPTMH
6. Guidelines in regard of papers circulating within the IOPTMH
7. IOPTMH Finances
8. Communication policy of the IOPTMH
9. IOPTMH website
10. WCPT Website adjustment
11. Logo of the IOPTMH
12. Newsletters; evaluation, proposals to improve
13. Reflection concerning the definition of PT in Mental health (second reading).
14. Madrid ICPPMH conference 2016
15. Criteria for candidate countries wishing to host an ICPPMH
16. IOPTMH - Status New Members September 2015
17. Organization of the fifth General meeting of the IOPTMH Madrid 2016
18. Administrative organization of a general meeting
19. Preparation of the election 2016 Madrid
20. ICPPMH 2018
21. WCPT
22. Strategic plan 2016-2017
23. Book project PT in mental health
24. Education standards physiotherapy in mental health (first discussion)
25. IOPTMH & the Liverpool conference (2016), the Cape Town conference 2017
26. Any other competent business

Publications from Physiotherapists in Mental Health IOPTMH research on Severe Mental Health and Schizophrenia.

Associations Between Metabolic and Aerobic Fitness Parameters in Patients With Schizophrenia. Davy Vancampfort, Hannes Guelinkcx, Michel Probst, Brendon Stubbs, Simon Rosenbaum, Philip B. Ward, and Marc De Hert. *Journal of Nervous Mental Disease* 2015;203: 00–00)

Negative symptoms are associated with lower autonomous motivation towards physical activity in people with schizophrenia Davy Vancampfort, Marc De Hert, Brendon Stubbs, Philip B. Ward, Simon Rosenbaum, Andrew Soundy, Michel Probst. *Comprehensive Psychiatry* 56 (2015) 128–132

Exercise improves cardiorespiratory fitness in people with schizophrenia: A systematic review and meta-analysis. Davy Vancampfort • Simon Rosenbaum • Philip B. Ward • Brendon Stubbs. *Schizophrenia Research* 10/2015; DOI: 10.1016/j.schres.2015.09.029

Physiotherapists can help implement physical activity programmes in clinical practice. Brendon Stubbs, Michel Probst, Andy Soundy, Anne Parker, Amber De Herdt, Marc De Hert, Alex J. Mitchell, Davy Vancampfort, the International Organization of Physical Therapists in Mental Health, *The British Journal of Psychiatry* Feb 2014, 204 (2) 164; DOI: 10.1192/bjp.204.2.164

Aerobic exercise capacity: an important correlate of psychosocial function in first episode psychosis. Simon Rosenbaum, Andrew Watkins, Scott Teasdale, Jackie Curtis, Katherine Samaras, Megan Kalucy, Davy Vancampfort, Philip B. Ward. *Acta Psychiatrica Scandinavica*, Vol 131, Issue 3, page 234, March 2015 DOI: 10.1111/acps.12350

Do people with mental illness receive adequate smoking cessation advice? A systematic review and meta-analysis. Alex J. Mitchell, M.D. a, Davy Vancampfort, Ph.D. b,c, Marc De Hert, M.D., Ph.D. b, Brendon Stubbs, M.Sc. d. *General Hospital Psychiatry* 37 (2015) 14–23

INVESTIGATING THE BENEFITS OF SPORT PARTICIPATION FOR INDIVIDUALS WITH SCHIZOPHRENIA: A SYSTEMATIC REVIEW Andrew Soundy, Carolyn Roskell, Brendon Stubbs, Michel Probst & Davy Vancampfort. *Psychiatria Danubina*, 2015; Vol. 27, No. 1, pp 2-13

Review Articles

A narrative synthesis investigating the use and value of social support to promote physical activity among individuals with schizophrenia Julia Gross, Davy Vancampfort, Brendon Stubbs, Paul Gorczyński & Andrew Soundy. *Disability and Rehabilitation* DOI:10.3109/09638288.2015.1024343

Schizophrenia and the risk of fractures: a systematic review and comparative meta-analysis Brendon Stubbs, M.Sc., M.C.S.P. a, Fiona Gaughran, M.D., M.R.C.Psych. b, Alex J. Mitchell, M.D., M.R.C.Psych. c, Marc De Hert, M.D., Ph.D. d, Ross Farmer, B.Sc. (Hons.), M.Sc. e, Andrew Soundy, Ph.D. f, Simon Rosenbaum, Ph.D. g,h, Davy Vancampfort, Ph.D., P.T. *General Hospital Psychiatry* Article in Press.

Physical activity in the treatment of Post-traumatic stress disorder: A systematic review and meta-analysis Simon Rosenbaum • Davy Vancampfort • Zachary Steel • Jill Newby • Philip B Ward • Brendon Stubbs. *Psychiatry Research* 11/2015

2014

Understanding the role of physiotherapists in schizophrenia: an international perspective from members of the International Organization of Physical Therapists in Mental Health (IOPTMH) Brendon Stubbs, Andy Soundy, Michel Probst, Marc De Hert, Amber De Herdt, and Davy Vancampfort. *Online 2014 J Ment Health*, Early Online: 1–5 2014 Informa UK Ltd. DOI: 10.3109/09638237.2013.869574

Meta-analysis The prevalence of pain in bipolar disorder: a systematic review and large-scale meta-analysis Stubbs B, Eggermont L, Mitchell AJ, De Hert M, Correll CU, Soundy A, Rosenbaum S, Vancampfort D. *Acta Psychiatr Scand* 2014; 1–14 DOI: 10.1111/acps.12325

Six-minute walk test for individuals with schizophrenia. P. Bernard, A. J. Romain, D. Vancampfort, A. Baillet, E. Esseul & G. Ninot. *Disability and Rehabilitation* Volume 37, Issue 11, 2015, pp 921-927, DOI:10.3109/09638288.2014.948136

Neurobiological effects of physical exercise in schizophrenia: a systematic review Davy Vancampfort, Michel Probst, Marc De Hert, Andrew Soundy, Brendon Stubbs, Marc Stroobants, and Amber De Herdt. *Disabil Rehabil*, Early Online: 1–6 2014 Informa UK Ltd. DOI: 10.3109/09638288.2013.874505

Markers of inflammation in schizophrenia: association vs. Causation. Peter Manu, Christoph U. Correll, Martien Wampers, Alex J. Mitchell, Michel Probst, Davy Vancampfort and Marc De Hert. *World Psychiatry* Volume 13, Issue 2, pages 189–192, June 2014. DOI: 10.1002/wps.20117

Varia - Interesting websites:

United Kingdom : Chartered Physiotherapists in Mental Health :<http://cpmh.csp.org.uk/>

Australia : <http://www.bodyinmind.org/pain-as-a-risk-factor-for-falls/>

Spain : <http://www.fisioterapiasm.es/>

The 6th International conference physiotherapy in psychiatry and mental health ICPPMH Madrid 2016



Madrid, 9-11 March 2016

Theme: “Addressing today’s complex challenges in mental health, chronic pain, long-lasting musculoskeletal disorders and psychosomatic through Physiotherapy”

Important dates

| | |
|-------------------------|--------------------------------------|
| 10 September 2015 | Advance registration |
| 20 December 2015 | Abstract and workshop submission |
| 30 November 2015 | Early Bird registration deadline |
| 15 January 2016 | Publication of provisional programme |
| 29 February 2016 | Normal registration deadline |
| 9 March 2016, 3 pm | Opening of ICPPMH16 |
| 11 March 2016, 1 pm | Closure of ICPPMH16 |

See website: www.icppmh.org

Conference chair

Dr Daniel Catalan, PT, PhD
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