# NEWSLETTER

INTERNATIONAL ORGANIZATION OF PHYSICAL THERAPY IN MENTAL HEALTH



IOPTMH Reaching Mental Health Physical Therapy across borders

Write captions for the selected photos.

#### **NEWSFLASH**

- Recognition of Physical Therapy in Mental Health is a fact
- IC-PPHM becomes IOPTMH
- Meet the executive committee
- Report from the extraordinary general meeting
- Edinburgh the place to be
- Did You Know.....

Design our new logo and win free entrance to the 4th conference dinner(for further details look at the section "did you know....)

# Recognition of Physical Therapy in Mental Health is a Fact!

Dear Colleague,

The elected board of the International Council of Physiotherapy in Psychiatry and Mental Health (ICPPHM ) is pleased to announce the birth of a new "International Organization of Physical Therapists in Mental Health (IOPTMH)".

Since the first conference of the ICPPMH in Leuven (Belgium) in 2006, the idea of gaining subgroup status within the World Confederation for Physical Therapy (WCPT) has been a stated aim. The work and preparation of the official file has been a huge achievement and thanks to the effort made by Liv Helvik Skjaerven and Elin Engeseth from Norway it has met with success.

On Saturday 18th of June 2011, the general meeting of the WCPT recognized physical therapy in mental health as a subgroup of the WCPT.

This is a milestone for the future development of the field of physical therapy in mental health.

Michel Probst President Liv Helvik Skjaerven Vice-president

### **IOPTMH**

Contact info@ic-ppmh.org

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ICPPMH at the Conference in Bergen 2008.

# MEET THE EXECETIVE COMMITTEE OF THE IOPTM

President
Prof. Michel Probst, Ph.D. PT, Belgium
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Vice President Associate prof. Liv Helvik Skjaerven, PT, Norway; <u>Liv.Helvik.Skjerven@hib.no</u>

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Secretary Nathalie Mulders, PT, The Netherlands <a href="mailto:info@ic-ppmh.org">info@ic-ppmh.org</a>

Member Associate prof. Amanda Lundvik Gyllensten, Ph.D. PT, Sweden; amanda.lundvik gyllensten@med.lu.se

#### **IC-PPMH** BECOMES IOPTMH

At the 3<sup>rd</sup> International Conference in February 2010 in Lund (Sweden) the International Council of Physiotherapy in Psychiatry and Mental Health elected in a board. The primary aim of the organization is to promote the globalization of physical therapy in psychiatry and mental health. A secondary aim was to establish a subgroup of the World Confederation of Physical Therapy. In June 2011, the establishment of the subgroup became a fact. Due to the requirements of the WCPT the name of the organization has to be changed to "International Organization of Physical Therapy in Mental Health" and a constitution approved by the founder member countries The member countries are in alphabetical order *Belgium*, Denmark, Finland, Iceland, Japan, Norway, South Africa, Sweden, The Netherlands, Turkey, United Kingdom. The inaugural general meeting was held on the 22<sup>nd</sup> of June in Amsterdam. Eight member countries attended the meeting. Individual physical therapists from New Zealand, Latvia and Malaysia attended the meeting as observers. The name, the constitution and the board were approved. Please contact the board if you would like more information.



"INTERNATIONAL ORGANIZATION OF PHYSICAL THERAPY IN MENTAL HEALTH FOUNDED"

"The 4<sup>th</sup> International Conference of Physiotherapy in Psychiatry and Mental Health takes place in Edinburgh, Scotland, 8 – 10 February 2012"

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#### **NOTES**

- 4<sup>th</sup> conference will take place in Edinburgh, Scotland
- Send your abstracts in before October 15<sup>th</sup>, 2011
- Earlybird? Register before 1<sup>st</sup> of November 2011



#### DID YOU KNOW.....

- You can win free entrance to the 4<sup>th</sup> conference dinner?
- You can do this by entering a contest
- All you have to do is to design a logo for our organization
- You will find more information soon on the conference website
- Our "schizophrenia" subgroup wrote a consensus statement
- This statement will be published soon
- Davy Van Campfort and colleagues .deserve all the credit.
- He put in a lot of work to accomplish this result
- You van become a member of the IOPTMH – join us on www.ic-ppmh.org/

## 4<sup>th</sup> International Conference on its way

The 4th International conference of physiotherapy in psychiatry and mental health is on its way. The conference will take place in Edingburgh, the Capital of Scotland. It is the home of the new Scottish Parliament and has been a seat of learning and culture since the Middle Ages, steeped in Scottish History it is also the home to many arts festivals throughout the year both international and home grown. The purpose of the conference is to stimulate exchange of experience and ideas with colleagues, to further a global network of evidence- and experience- based practice. It aims to promote clinical, educational and professional development and research in mental health physical therapy.

The main theme of the Conference of 2012 is: Promoting Quality of Movement – the contribution of physiotherapy to mental health and wellbeing

For further details see <a href="http://www.nhslothian.scot.nhs.uk/MediaCentre/Events/icppmh">http://www.nhslothian.scot.nhs.uk/MediaCentre/Events/icppmh</a> <a href="htt

"Promoting Quality of Movement – the contribution of physiotherapy to mental health and wellbeing"

"Meet colleagues from all over the word to exchange experience and thoughts about our field ."

#### REPORT FROM THE EXTRAORDINARY MEETING

On the 22nd of June, the inaugural general meeting of the IOPTMH took place in Amsterdam. The meeting was chaired by Michel Probst, President with the Vice-president Liv Skjaerven giving an account of the proceedings of the WCPT leading to the recognition being officially declared. It was attended by the other members of the new Executive Committee and by representatives from the official member countries of the newly founded IOPTMH. At the meeting the Executive committee was duly installed and the constitution was introduced and given its approval.

The policy plan for the further development of the organization will be presented by the executive committee at the next general meeting at the Edinburgh conference (8-10 February 2012).

PLEASE ENTER THE CONTEST TO DESIGN OUR LOGO SO THIS WHITE SPOT WILL BE FILLED!!!

"The minutes of the extraordinary meeting will be published soon on http://ic-ppmh.org/."